

Seven Hills League 2009 Swimming Championships

“Winter in July”

When: Wednesday and Thursday July 8th and 9th ,2009

Where: Indian Hill Swim Club
Dot Avenue
Indian Hill, OH 45243

Phone # 561-5142

Dot Avenue is located across from the St. Gertrude's parking lot off of Shawnee Run Road and about 0.1 miles from the traffic light at Miami Ave and Shawnee Run Road

Time: Wednesday AM Prelims: 9:00AM (11 and over)
Wednesday PM Prelims: 1:15PM (10 and under)
Thursday Finals: 5:45PM (top 16 and 2 alternates in all age groups)

Admission: Age 16 and over \$2.00
Age 6-15 \$1.00
Age 5 and under, Swimmers, Coaches, and Officials no charge

Heat Sheets: \$2.00/session

Champs Chairperson: Petra Vester
513-235-8682
givenroad@yahoo.com

2009 Swimming Championships Meet Information

- **League Rules:** Please see Appendix D for League Rules on the website: <http://www.7hillsleague.org> .
- **Swimmer Eligibility:** All swimmers must participate in at least 2 Seven Hills League meets during the 2009 summer season to be eligible to compete in Championships.
- **Volunteers:** Each club must provide timers. See below:

Team	Wed Am	Wed PM	Thursday Final
Forest Hills	2	2	4
Indian Hill	2	2	4
Miami Hills	2	4	2
Normandy	2	4	2
Terrace Park	4	2	2
Turpin Hills	4	2	2

Because we are using 8 lanes for prelims and finals each team must provide 2 timers for 2 sessions and 4 timers for 1 session.

- **Program Ads:** Attached is an order form for anyone wishing to place an ad in the championship program. Order form is attached and can also be found on 7hillsleague.org Please return completed order forms with payment to Forest Hills Swim Club by June 26th.
- **Team Area:** Clubs may bring 2 tents to set-up a team area on Tuesday between 6 and 7pm.
- **Parking:** Will be available at St Gertrude Church. Swimmer drop-off will be available at the club. Only coaches, officials and handicapped parking will be available at the club. Parking passes will be distributed on Monday the 6th and must be displayed on your dash board.
- **Hospitality:** Officials and coaches will be provided with food and drinks during all sessions.
- **Concessions:** The pool concession stand will open for extended hours.
- **Senior Recognition:** Seniors will be recognized on Thursday July 9th just prior to the start of the meet. Please forward a short bio to Susan Bierer at dwbierer@fuse.net by July 1st.
- **T-Shirts:** Attached is an order form for T-shirts. It can also be found online at 7hillsleague.org.

- **Kast-away Swimwear** will be onsite on Wednesday and Thursday during the Championships for any of your swimming and diving needs.
- **IPM Food Drive:** attached is a flyer for a food drive for Inter-Parish Ministries to benefit the needy. Bins will be located at the entrance to the club. We hope you will all participate.

2009 Swimming Prelim and Finals Warm-up Schedule

Wednesday July 8th AM

	Lane 1-4	Lane 5-8
7:30-7:50	IH	TP
7:50-8:10	MH	TURPIN
8:10 -8:30	FH	NOR

Wednesday July 8th PM

	Lane 1-4	Lane 5-8
11:45-12:05	IH	TP
12:05-12:25	MH	TURPIN
12:25-12:45	FH	NOR

Thursday July 9th

	Lane 1-4	Lane 5-8
4:15-4:35	IH	TP
4:35-4:55	MH	TURPIN
4:55-5:15	FH	NOR

The 4 lanes in the upper pool will be available for additional warm-up space during warm-ups and for warm-up and warm-down during the prelims and finals.